## STARTERS

<b>Bruschetta</b> Boilie Goats Cheese & Parma Ham, Toasted Almond Flakes, Eve's Smoky Tomato Relish, Balsamic Treacle (5 almond, 6 wheat,7,8,9,12,13) GF	€11.00
<b>Deep Fried Popcorn Shrimp</b> Sweet Chilli & Ginger Aioli, Lemon Wedge (1,2,6 wheat & barley, 7,8,9,11,12,13 )	€12.50
<b>The Heights Caesar</b> Baby Gem, Herb Croutons, Parmesan	€11.00
(1,2,3,6 wheat, 7,8,9,10,11,13) V, GF Add Roast Chicken	€14.00
<b>BBQ Wingers</b> Deep Fried Chicken Wings, BBQ Sauce, Corn Slaw, Tortilla Chips (5,6 wheat, 7,8,9,10,12,13)	€11.00
<b>Seafood Chowder</b> Dill, Soda Bread (1,2,3,6 wheat, oat, 7,9,11,12)	€7.90
<b>Soup of the Day</b> Brown Bread (6,wheat, oat, 7,9,11,12) V, GF	€6.30
<b>Crunchy Broccoli &amp; Beetroot Salad</b> Edamame, Cucumber, Sunflower Seeds, Cranberries, Pomegranate Vinaigrette (5,7,9,13) V, VGN, GF	€12.00

# MAINS

<b>Duet of Seafood</b> Salmon Stuffed with Spinach & Goats Cheese, Panko Crumbed Fish Cake, Tartare Sauce, Chips, Slaw (1,2,3,6 Wheat, 7,8,9,11,12,13)	€22.00
<b>Ruby Murray Chicken Curry</b> Rice, naan, Poppadom, Chutney (6 wheat, 7, 9, 12, 13) GF	€20.50
<b>Wild Atlantic Way Fish &amp; Chips</b> Tartare Sauce, Mushy Peas, Lemon, Salad (1,2,3,6 wheat, barley,7,8,9,11,13)	€20.50
<b>Half Duck</b> Roasted with Five Spice & Honey, Tempura Broccoli, Teriyaki Sauce, Fragrant Rice (6 wheat, barley, 7,8,9,10)	€25.50
<b>Chicken Burger</b> Crumbed & Deep Fried Chicken Filet Burger, Brioche, Streaky Rasher, Pickle, Leaf, Tomato, Eve's Red Pepper Relish & Chips (5, 6 Wheat, 7,8,9,11,12,13)	€20.00
<b>The Mills Beef Burger</b> Brioche, Streaky Bacon, Pickle, Tomato, Eve's Leaves Red Pepper Relish, Chips (5,6 Wheat, 7,9,12,13) GF	€20.00
<b>10oz Irish Hereford Striploin Steak</b> Chips, Onion Rings, Grilled Tomato, Mushroom, Salad, Peppercorn Jus or Garlic Butter (5,6 Wheat, 7,8,9,13) GF	€31.00
<b>6oz Irish Steak Sandwich</b> <b>S</b> autéed Mushrooms & Onions, Ciabatta Roasted Garlic Butter & Peppercorn Sauce, Coleslaw on the side & Fries	€22.50

(5,6 Wheat, 7,8,9,11,12,13) GF

### MAINS

#### Pad Thai Noodles

Rice Noodles, Chicken, Tofu, Egg, Peanuts (3,4,5,6 Wheat, 7,8,9,13) GF €19.30

#### Vegan Burger

Plant Based Burger with Eve's Leaves Roasted Red Pepper Relish, Pickle, Tomato, €19.80 Leaf, Tofu & Beetroot Salad & Chips (6 Wheat, Barley 8,11,12) V, VGN

#### **Temple Plate**

Fragrant Rice, Curried Chickpea, Tofu, Pumpkin Seed, Avocado, Beetroot, Tomato, €19.30 Baby Gem, Cucumber, Piccalilli (5,8,9,12,13) V, VGN

> FOODS THAT CAN BE ADAPTED TO SUIT (V-VEGETARIANS), (GF-GLUTEN FREE), (VGN-VEGAN) PLEASE ASK YOUR SERVER

## SIDES

CHIPS (9) GF, VGN	€4.80
<b>ONION RINGS</b> (5,6,9,11)V, VGN	€4.80
<b>SLAW</b> (7,8,9,11,12,13) V, GF	€4.80
MIXED SALAD (12,13) V, GF, VGN	€4.80
VEGETABLES OF THE DAY (7,9,12) V, GF, VGN	€4.80
CREAMED POTATO MASH (7,9) V, GF	€4.80
MUSHROOMS & ONIONS (7) V, GF, VGN	€4.80

## DESSERTS

Seize the moment! Remember all those women on the Titanic who waived off the dessert cart

<b>The Mills Signature Sundae</b> Vanilla & Salted Caramel, Chocolate, Coulis, Cookie, Brownie, Kisses (5 Hazelnut, Walnut, Almond, 6 Wheat, 7,8,11) V	€8.50
<b>Sherry Trifle</b> Vanilla Custard, Whipped Cream, Chocolate Shard (5,6 Wheat,7,11) V	€6.00
<b>Eton Mess</b> Crushed Meringue, Berry Compote, Cream n Custard, Chocolate Shavings (5,7,11) V, GF	€8.50
<b>Cheesecake of the Moment</b> Vanilla Ice Cream (5,6 Wheat,7,11) V	€8.50
<b>Brown Sugar, Apple &amp; Cinnamon Crumble</b> Vanilla Bean Ice Cream & Crème Anglaise (5,6 wheat,7,11) V	€8.50
<b>Chocolate &amp; Banana Cake</b> Coconut & Vanilla Ice Cream, Dried Cranberries, Berry Compote (5, 6 Wheat, 8) V, VGN	€8.50
TEA / COFFEE	
Tea / Coffee	€2.90
Herbal Tea	€3.15
Chocolate Latte	€3.65
Cappuccino	€3.65
Double Espresso	€3.65

(1) MOLLUSCS (2) CRUSTACEAN (3) FISH (4) PEANUTS (5) NUTS (6) WHEAT, GLUTEN (7) MILK (8) SOYA (9) SULPHITES, SULPHUR DIOXIDE (10) SESAME (11) EGG (12) CELERY (13) MUSTARD (14) LUPINS