



LUNCH

THE HEIGHTS HOTEL



SANDWICHES

B.L.T.

(1*,3,7) Grilled Bacon, Lettuce & Tomato,
in a Brioche Bap € 8.50

H.L.T.

(1*,3,7) Grilled Halloumi, Little Gem,
Tomato & Avocado in a Brioche Bun € 8.50

HOUSE TOASTIE

(1,7) Ham, Cheese, Tomato & Onion,
Leaf Salad & French Fries € 8.00

FISH FINGER SANDWICH

(1,3,4,7) Crispy Fingers, Tomato & Little Gem in a
Brioche Bun, Tartare sauce & French Fries € 8.50

SOUTHERN FRIED CHICKEN WRAP

(1,3,4) Crispy Chicken Fillet, Tomato, Baby Gem,
Caesar Dressing in a Soft Warm Tortilla Wrap
with Leaf Salad & French Fries € 10.95



CREAM TEA



Available between 10am-6pm

(1*,3,7) Three Miniature Scones,
Plain, Fruit & Brown
served with Preserves & Cream
& your choice of Tea or Coffee

€ 7.95

PLEASE NOTIFY YOUR SERVER OF ANY FOOD ALLERGIES
OR INTOLERANCES WHEN ORDERING

Cereals - 1	Peanuts - 5	Celery - 9	Lupin - 13
Crustaceans - 2	Soy Bean - 6	Mustard - 10	Molluscs - 14
Eggs - 3	Milk - 7	Sesame - 11	* can be made
Fish - 4	Nuts - 8	Sulphites - 12	Gluten Free



SALADS

GRILLED CHICKEN CAESAR

(1*,3,7) Pancetta, Garlic & Herb Croutons, Parmesan
€14.95

GRILLED HALLOUMI

(7,8,11) Pomegranate, Quinoa, Hazelnut Dukkha,
Avocado & Coriander Dressing
€13.95

THAI BEEF

(6,8) Asian Style Salad, Roasted Cashew,
Sweet Chilli & Soy Dressing €14.95

VIOLET AUBERGINE, CARAMELISED RED ONION, MOZZARELLA & ROASTED RED PEPPER TART

Puff Pastry, Garden Salad & a Balsamic Reduction
(1,3,7,10) €13.95



DESSERTS

ICE CREAM SANDWICH

(1,3,7) Raspberry Ripple Ice Cream, Chocolate Chip
Cookie, Puff Pastry Bun, Honeycomb €8.00

TRIPLE CHOCOLATE BROWNIE

(1,3,7) Candied Popcorn, Fudge Sauce, Popcorn Ice Cream
€7.50

DIY DOUGHNUTS

(1,3,7) Custard, Jam & Chocolate Fudge €8.00

BAKED APPLE "CRUMBLE" TOFFEE APPLE

(3,7,8) Candied Golden Raisins, Chopped Almonds,
Shortbread Crumb, Custard Ice Cream €7.50

PASSION FRUIT PAVLOVA

(3,7) Coconut Sorbet, Caramelized Pineapple,
Butterscotch Sauce €7.50

SELECTION OF ICE CREAM

(1*,3,7) Honeycomb & Brownie Bits €6.50